

ŘEŠENÍ 11. 6. - 17. 6. 2020:

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<b>MEAL</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>TIME</b>	BETWEEN 7 AND 8 O´CLOCK (am)	BETWEEN 12 AND 14 O´CLOCK	ABOUT 6 AND 7 O´CLOCK (pm)
<b>FOOD</b>	<ul style="list-style-type: none"> <li>• bacon</li> <li>• eggs</li> <li>• sausages</li> <li>• tomatoes</li> <li>• mushrooms</li> <li>• baked beans</li> <li>• fried bread</li> <li>• toast with jam, honey or marmalade</li> <li>• cereal with milk and sugar</li> <li>• fruit</li> <li>• yoghurt</li> <li>• orange juice</li> <li>• coffee</li> <li>• tea</li> </ul>	<ul style="list-style-type: none"> <li>• soup</li> <li>• sandwiches</li> <li>• salad</li> </ul>	<ul style="list-style-type: none"> <li>• meat or fish with potatoes and vegetables</li> <li>• lasagne</li> <li>• risotto</li> <li>• curry</li> <li>• dessert – fruit, chocolate cake, apple pie with ice-cream or custard</li> </ul>